



Online Exploitation Response

What to save, what not to share, and how to seek help.

Do this now

- ☐ Stop responding. Do not pay, negotiate or apologise.
- ☐ Save evidence first: screenshot usernames, dates, links and messages before you block.
- ☐ Block the account on every platform it has contacted you from.
- ☐ Report the account using the platform's own reporting tool.

Never do this

- ☒ Do not download, forward or redistribute sexual images of a child, including images of yourself.

Then

- ☐ Tell a trusted adult, even if you feel embarrassed. This is a common tactic, not a reflection on you.
- ☐ Contact trained law enforcement or child-protection support.